



Waldorf

School of Pittsburgh

Little Friends Daily Rhythms

2020-2021 School Year

Outdoor Classroom Rhythm

8:00-8:20 Outside drop off (see drop off protocol for designated gates)

Steps for drop off (consistent caregiver for drop off is preferred):

1. Parent(s) will bring their child to the designated playground gate
2. Parent(s) will sanitize their child's hands
3. Teacher will ask for a self-report on child's health
4. Teacher will take and record child's temperature

8:00-8:50 Outside play

8:50-9:00 Undress and hand wash

9:00-9:25 Snack (individual classrooms)

9:25-9:45- Toilet/diaper, hand wash and prepare for outside

9:45-11:10 Outside play

(coloring/painting, circle and story activities will occur outside)

11:10-11:25 Undress from outside and hand wash

11:25-11:45 Lunch (individual classrooms)

11:45-12:00 Toilet/diaper and hand wash

12:00-2:15 Rest

2:15-2:30 Toilet/diaper and hand wash

2:30-2:45 Snack (individual classrooms)

2:45-3:00- Dress for outside

3:00-4:00 Outside pick up (consistent caregiver for pick up is preferred- please use designated gate)

*Please remember that if you pick up after 4:00 you will be charged. Please see Little Friends Handbook for late fees.

*Please arrive before 4pm if you need to speak with your child's teacher.



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Inclement Weather Rhythm

(rhythm subject to change depending on when inclement weather occurs)

8:00-8:20 Outside or inside drop off (see drop off protocol for designated gates/doors)

Steps for drop off (consistent caregiver for drop off is preferred):

1. Parent(s) will bring their child to the designated playground gate
2. Parents will sanitize their child's hands
3. Teacher will ask for a self-report on child's health
4. Teacher will take and record child's temperature

8:00-8:50 Outside or inside play

8:50-9:00 Undress and hand wash

9:00-9:25 Snack (individual classrooms)

9:25-10:15 Indoor play, toilet/diaper and hand wash

10:15-10:25 Dressing for outside

10:25-11:10 Outside or inside play

(coloring/painting, circle and story activities will occur outside)

11:10-11:25 Undress from outside and hand wash

11:25-11:45 Lunch (individual classrooms)

11:45-12:00 Toilet/diaper and hand wash

12:00-2:15 Rest

2:15-2:30 Toilet/diaper and hand wash

2:30-2:45 Snack (individual classrooms)

2:45-2:55- Prepare for outside or inside play

3:00-4:00 Outside or inside pick up (consistent caregiver for pick up is preferred- please use designated gate/door)

*Please remember that if you pick up after 4:00 you will be charged. Please see Little Friends Handbook for late fees.

*Please arrive before 4pm if you need to speak with your child's teacher.

